

"NERVES ARE EXPENSIVE Health is too precious to risk it with 'jitters.' Food is too valuable to waste because of nervous indigestion. If something keeps up a turmoil preventing self-mastery, tell your doctor. Get your rest. After your daily job, relax. **BALANCE THE DIET.** Relieve constipation. Insure optimum intake of minerals and vitamins, especially vitamin B. * * * Phosphorus and lecithin are important to the nerves. Nerve tension can be relieved by the use of Soy Bean Lecithin to the extent that a possible phosphorus deficiency is relieved * * * "; (*Vitamin C 100 Mgm.*) " * * * a deficiency of vitamin C may contribute to hay fever, poor teeth and bones, and skin troubles * * * "; (*Riboflavin Vitamin B₂ (G)*) " * * * Sometimes referred to as the growth vitamin. A deficiency may cause skin disorders, digestive disturbances and nervous symptoms * * * "; (*Vitamin B Complex Ironated*) " * * * Chronic partial Vitamin B deficiency is probably one of the factors in the production of the constipation so commonly met with among Western people, and other signs and symptoms of Chronic gastro-intestinal malfunction in adults * * * "; (*Vitamin and Mineral Compound*) " * * * for children with retarded growth due to lack of appetite and lack of Vitamin A and B * * * "; (*Lactose Dextrins Maltose with Dry Lemon Juice*) " * * * With intestinal cleanliness regained, the bowels should be more regular, the breath sweeter, the complexion clearer, eyes brighter and an increased sense of physical fitness experienced * * * "; (*Wheat Germ*) " * * * a rich source of Vitamin B * * * Also contains vitamin A, E, and G. Vitamin B is but sparingly stored in the body so it must be supplied by the food each day * * * functions * * * 1. Promoting the utilization of food by the body tissues (called metabolism). 2. Aiding the process of lactation in nursing mothers. 3. Toning up the digestive muscles and thus promoting normal elimination. 4. For fitness and general well-being * * *." The articles would not be effective in the treatment of the diseases, symptoms, and conditions stated and implied.

The articles were alleged also to be misbranded under the provisions of the law applicable to foods, as reported in notices of judgment on foods.

DISPOSITION: January 27, 1947. The Battle Creek Dietetic Supply Company having appeared as claimant, judgment of condemnation was entered and the products were ordered released under bond, with the exception of the pamphlets entitled "Health is Wealth," conditioned that they be brought into compliance with the law, under the supervision of the Food and Drug Administration. The pamphlets were ordered destroyed.

2182. Misbranding of Macia Nose Drops. U. S. v. 52 Bottles * * *. (F. D. C. No. 21685. Sample No. 57603-H.)

LABEL FILED: December 12, 1946, District of Rhode Island.

ALLEGED SHIPMENT: On or about February 13, 1946, by Macia Corporation, from Holyoke, Mass.

PRODUCT: 52 1-oz. bottles of *Macia Nose Drops* at Providence, R. I. Examination showed that the product consisted essentially of water, chlorobutanol, and salt, colored with an orange dye.

NATURE OF CHARGE: Misbranding, Section 502 (a), certain statements, appearing in the labeling of the article, i. e., on the carton and bottle labels, in the leaflet entitled "Yes, You Can Beat a Cold," and on the circular entitled "Sinus Sufferers Attention," which leaflet and circular were enclosed with the retail carton, were false and misleading since they represented and suggested that the article would be effective in the relief of sinus, hay fever, colds, rhinitis, nasal congestion, and sore throat, and in restoring the natural flow and function of the nasal secretions. The article would not be effective for such purposes.

DISPOSITION: April 7, 1947. No claimant having appeared, judgment of condemnation was entered and the product was ordered destroyed.

2183. Misbranding of Reduco Bath Crystals. U. S. v. 14 Packages * * *. (F. D. C. No. 22279. Sample No. 54696-H.)

LABEL FILED: February 12, 1947, Southern District of Florida.

ALLEGED SHIPMENT: On or about August 29, 1946, by Ann J. MacHale, Inc., from New York, N. Y.